



# 'Super Advocate' Advocacy Training

**Wednesday, November 14**

**Time:** 9:00-4:00pm (lunch included)

**Location:** Mat-Su Health Foundation  
Conference Center  
777 N. Crusey Street - Wasilla

**Cost:** Free!

**To register, contact:** 907-465-4765  
or by email:

[advocacy.coordinator@mhtrust.org](mailto:advocacy.coordinator@mhtrust.org)

**Please register in advance. Thanks!**

This free one-day training offers tools and hands-on practice for advocating for policy and funding decisions that affect Trust beneficiaries (people with mental illness, substance use disorders, intellectual/developmental disabilities, Alzheimer's disease and related dementia, traumatic brain injury, fetal alcohol spectrum disorders). Who is this training for? Peers and people with disabilities, family members, services providers, administrators, and others.

- Tools for successful meetings with policymakers (Legislators, Assembly, Councils, School Board)
- Tips for speaking on a public panel or testifying before a public committee
- Refine your personal story for the best impact
- Updates on current public policy and funding issues affecting people with disabilities
- Tips for advocacy from home
- Opportunities for advocacy at the state and local level

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from the Alaska Commission on Aging